

# Ranchos Cocina

A Traditional & Plant-Based Cocina Mexicana  
Dine-In, Take-out, & Catering  
Since 1994

## Breakfast

### SERVED ALL DAY!

Rice and Bean Options:  
Spanish Rice, Brown Rice,  
Black Beans, Refried Beans  
Sub R&B for veggies +\$3  
Sub R&B for Ranchos Potatoes +\$2

**Chorizo con Huevo {V,GF} 17**  
Cured and spiced beef or home made Soy Chorizo  
Scrambled in eggs. Vegan sub eggs for tofu.

**Chilaquiles {V, GF} 15**  
Toasted tortillas smothered in salsa  
roja, verde, ranchera or mole with Eggs or tofu scramble  
topped with crema and queso cotija

**Huevos Rancheros {V, GF} 15**  
Two fried eggs or tofu scramble on a fried tortilla  
smothered in salsa ranchera, crema and cotija cheese  
{Add diced carne asada +4}

**Machaca Con Huevo {GF} 15**  
A popular breakfast in "ElNorte" the north of Mexico.  
stewed Beef, Chicken, or Shiitake scrambled in eggs  
Choice of tortillas.

**Tofu Hash {V,GF} 15**  
Sauteed and crumbled Tofu, pico spinach, and fajita mix  
and choice of tortillas

## Breakfast Burritos

**Chorizo Burrito {V} 15**  
Cured and spiced beef or home made Soy Chorizo  
Scrambled in eggs.  
Vegan Sub eggs for Black beans and potato.

**Vegan Breakfast Burrito {V} 15**  
Sweet and smokey tempeh, potatoes, tofu, & beans  
Substitute Tempeh for Soy Chorizo.

**Buenos Dias Burrito 13**  
Anaheim peppers, pico, queso,  
and scrambled eggs.

## ALLERGIES & FOOD PREFERENCES

We use tree nuts and peanuts in our kitchen  
LET US KNOW OF ANY ALLERGIES OR FOOD SENSITIVITY  
YOU MAY HAVE BEFORE YOU ORDER  
BE ADVISED, DUE TO OUR SMALL KITCHEN  
CROSS CONTAMINATION MAY OCCUR.

**{V}** CAN BE MADE VEGAN

**{GF}** CAN BE MADE WITHOUT GLUTEN

18% Gratuity will be added  
for parties of 6 or more



We are a cashless restaurant

We accept: Debit cards, Credit cards,

## Antojitos- Shareables

**Guacamole Y Totopos {V,GF} 9**  
Avocado, citrus, & pico, topped with Cotija Cheese

**Queso Meso {V, GF} 9**  
A blend of melted Mexican and American cheeses,  
Anaheim peppers and chorizo or Plant Based Chorizo  
(Vegan version contains cashews and sesame)

**Totopos {V, GF} 6**  
Two baskets of our home made chips  
and 8 oz of or house salsa.

**Ignacios Special Nachos {V, GF} 16**  
A stack of Totopos with your choice of protein  
smothered in enchilada sauce, beans, topped with  
Tj Avocado salsa, Crema, queso cotija, pico and guac

**TJ Fries {V, GF} 16**  
A stack of fries with your choice of protein topped with  
Tj Avocado salsa, Crema, queso cotija, pico and guac

**Nachos Azules {V,GF} 13**  
A stack of blue corn Totopos smothered in  
enchilada sauce, black beans, topped with  
Tj Avocado salsa, crema, queso cotija, and pico

**Quesadillas**  
{SUB Vegan cheese on Quesadillas +2}

**Quesadilla de Camaron {V} 16**  
Shrimp fajitas, pico, and Monterey Jack cheese

**Quesadilla Asada {V} 14**  
Carne asada or pollo asado, pico, and Monterey Cheese

**Quesadilla de Chorizo {V} 13**  
Cured and spiced beef or home-made plant based chorizo  
pico, and Monterey jack cheese

**Quesadilla de Shiitake {V} 13**  
Shiitake mushrooms, pico, cabbage, with anaheim peppers

**Quesadilla Sensilla {V} 9**  
Melted Monterey Jack in a large flour tortilla

## Tacos

### One Protein per order

**Tacos Mineros {V,GF} 9**  
Choice of Chicken, Beef, Soy Chorizo, OR Potato  
Three crispy rolled tacos, topped with lettuce, pico,  
queso cotija, crema, TJ Guacamole

**Dos Tj Tacos {V,GF} 8**  
Two tacos: Carne asada, Pollo Asado, Chorizo,  
"Carne Asada" {V}, "Pollo Asado" {V}, Soy "Chorizo" {V}  
Shiitake {V}, OR Veggies Fajitas {V}  
topped with onions, cilantro, TJ Guacamole,  
queso cotija, & crema.

**Dos tacos de Ensenada {V,GF} 9**  
2 Seafood tacos- One Protein per order  
Grilled Wild Caught Salmon, Grilled Mahi Mahi,  
Battered Wild Caught Cod, OR Battered Tempeh  
Covered with Cabbage, tartar sauce, crema, and pico  
{Substitute for Grilled Shrimp {V} +2}

**Tres Tacos de Ensenada {V, GF} 16**  
3 seafood tacos with rice and beans  
One Protein per order

{Substitute for Grilled Shrimp {V} +3}

**Tres Tacos de Tijuana {V, GF} 15**  
3 tacos- one protein per order, Side rice and beans

## Bevidas- Drinks

**Jarritos 5**  
Bottled in Mexico  
Strawberry, Mandarin, Guava, or Pinapple

**Aguas Frescas (12oz) 5**  
12 oz of our traditional Mexican drinks  
Horchata, Jamaica, or Limonada

**Ice Tea- Passion fruit 5\***  
Home made and unsweetened tea  
Free Refills

**Vegan Horchata (12oz) 7**  
Spiced and iced plantbased milk

**Honey Ginger Lemonade 7**  
12 oz of Sweetly intense infused lemonade

**Topo Chico 5**  
Bottled in Mexico  
Our favorite mineral water

**Coca-Cola Mexicana 5**  
Bottled in Mexico and made with real sugar

**Mundet de Manzana 5**  
Bottled in Mexico

**Sangria Soda (N.A.) 5**  
Bottled in Mexico  
A cola with hints of grape and citrus rind

**Fountain Sodas (16oz) 5\***  
Pepsi, Diet Pepsi, Dr. Pepper, Sierra mist  
Free Refills

**Kombucha 6**  
Ask For Flavors

**Cantaritos 6**  
Jarritos older sibling  
Hard Soda 5% abv- 21andUp

**Cerveza (bottle) 6**  
Negra Modelo, Bohemia, Modelo Especial, Tecate  
Pacifico, Victoria, Corona, XX Amber, XX Lager

**Margaritas 8/32**  
Glass 5oz/ Carafe 25oz  
Made with 100% Jalisco  
blue agave wine, 24% ABV  
On the rocks or Blended

**Sangria 8/32**  
Glass 5oz/ Carafe 25oz  
Spiced tropical fruits and jamaica  
rested in batches of Burgundy

**Michelada {V} 11**  
A citrusy tomato cocktail with a kick.  
mixed with your favorite beer

**Vino 7/21**  
Glass 150ml / Bottle 750ml  
Please ask for our California wine menu

## HOT DRINKS

**Café Organico {V,GF} 7\***  
Coffee is served until 3pm  
Medium to dark roasted fruity and buttery notes  
& spiced coffee beans from Chiapas.  
Free Refills

**Chocolate Ibarra {V,GF} 7**  
A nod to its original recipe. We added vanilla,  
citrus and warm spices.

**Hot Tea {V, GF} 5**  
Ask to see the Tea Selection

## Ensaladas

### Ensalada De Tijuana{V, GF} 12

Tjs most wanted, Ceasar Salad- Can Be Made Vegan  
Romain lettuce, Parmesan cheese, and blue corn crisps  
{Add Pollo Asado{V} or Salmon +3}

### Sopas (approx 24oz.)

Soups Comes with corn, flour, or wholewheat tortillas  
{Add Chicken +2, Pollo Asado{V}+3}

### Sopa del Mar{GF} 14

Shrimp, MahiMahi, bellpeppers, pico, and onions  
in a tomato broth

### Vegan Menudo{V, GF} 14

Mushrooms and hominy soup in a red chili broth

### Sopa de Tortilla{V, GF} 13

Tortilla strips in an onion garlic tomato broth

### Sopa Del Mercado{V, GF} 13

Seasonal veggies in a tomato clear broth

### Sopa de Lentejas{V, GF} 13

Green lentils, carrots, onions

## Tostadas

### Guadalajara{V} 12

A bowl made from a flour tortilla, shredded chicken,  
beef, or tofu scramble on a bed of beans, topped  
with lettuce, Pico, queso cotija, crema and Tj Guac.

### Tostada de Chorizo{V} 9

Cured and spiced beef or home made PlantBased Chorizo  
ontop of beans, topped with lettuce, crema, queso cotija,  
on a crispy blue corn tortilla.

### Tostada de Frijoles{V,GF} 7

Mashed pinto beans, topped with lettuce, crema,  
queso cotija, and pico on a crispy blue corn tortilla.

## Enchilada Protein Choices

Stewed chicken, Beef, or cheese

Beans, lentils, or tofu scramble

{We do not make Vegan Cheese Enchiladas}

Pollo asado or Vegan Pollo Asado +2

Carne Asada or Vegan Carne Asada +2

Grilled Tofu or Tempeh +3

Mahi Mahi or Salmon +3

Shrimp or Vegan Shrimp +3

## ENCHILADA SAUCES

### Guajillo-Red{V, GF}

Slightly spicy blend of peppers sauce

### Tomatillo- Green {V, GF}

Slightly acidic, tomatillo, cilantro, onions

### Ranchera {V, GF}

A warm and mild version of our table salsa.

### Mole{V}

Dried chiles, nuts, seeds, spices, cacao,

If you have ANY allergies, stay away from this sauce.

## Postres

### Flan 8

Spiced custard with notes of vanilla and rum  
with a carmalized glaze

### Coconut Flan{V, GF} 8

Spiced coconut custard with notes of vanilla  
and rum with a carmalized glaze

### Carrot Cake {V} 8

Sweet and moist spiced cake  
with a ginger and citrus zest frosting

### Chocolate Cake{V} 8

Spongy cake with dark chocolate and a raspberry preserve

## Entrada Fuerte

Rice and Bean Options:

Spanish Rice, Brown Rice,

Black Beans, Refried Beans

Substitute rice and beans for veggies +3

### Fajitas de Camaron{V, GF} 19

Marinated and sauteed Shrimp, bell peppers,  
pico, and onions, with choice of tortillas.

### Tierra y Mar Fajitas {V, GF} 19

The best of both worlds: Marinated and sauteed  
strips of beef, shrimp, bell peppers, pico, and onions.  
with choice of tortillas.

### Chile Relleno y Tostada del Mar 19

Grilled Mahi Mahi, shrimp, pico, rajas over  
Chile rellenos stuffed with melted  
Monterey Jack cheese and black bean  
blue corn tostada

### Mole Poblano{V} 18

Over 60 ingredients and countless hours simmering,  
warm spices, nutty flavors, deep cacao notes.  
Enjoy with grilled chicken or Vegan Grilled chicken.  
Side of Tortillas, and two servings of rice.

### Fajitas {V, GF} 18

Marinated and Sauteed Choice of Protein,  
bellpeppers, pico, onions and choice of tortillas

### Papa Ranchos{V, GF} 17

Grilled Sweet and Russet potatoes, red and green bell peppers,  
onions, pico, covered in salsa ranchera,  
and choice of tortillas

### Dos Sopas {V, GF} 15

Two Fried Masa patties with shredded chicken and beef,  
Topped with lettuce, cotija, crema, Tj Guacamole, and pico

### Trio Enchiladas 17

No Substitutions- No exception

Chicken mole, Guajillo cheese, Tomatillo beef enchiladas  
topped with crema and queso cotija.

### Veggie Trio Enchiladas {V} 17

No Substitutions- No exceptions

Guajillo tofu, mole bean, lentil tomatillo  
topped with Vegan Crema

### Enchiladas Verdes {V, GF} 15

A slow cooked tomatillo and cilantro sauce  
Topped with crema and queso cotija

### Enchiladas Rojas {V, GF} 15

A dried Californian and Guajillo pepper sauce  
Topped with crema and queso cotija

### Enchiladas de Mole {V} 15

Over 60 ingredients and countless hours simmering,  
warm spices, nutty flavors, deep cacao notes,  
topped with crema and sesame seeds.

### Chile Relleno & Enchilada 17

Choice of protein and Sauce on both

## Tamales Plates:

Our tamales contain Coconut an change seasonally

Please ask your server about the options and ingredients.

### Tamal & Enchilada{V, GF} 17

A home made tamal and an enchilada and rice and beans.  
Choice of red, green, mole or ranchera sauce and  
crema and queso cotija on top.

### Dos Tamales{V, GF} 18

Two home made tamales topped with enchilada sauce,  
crema, queso cotija and a side of rice and beans.  
Choice of red, green, mole or ranchera sauce on top

### Tamal & Chile Relleno 19

Your Choice of Tamal and salsa with a chile relleno

## Burritos,

## Bowls & Tortas

### Tortas

Turn any Burrto into a sandwich

Telera Bread with guack, beans, lettuce, tomatos,  
onions, and a side of Hot Carrots

### Burritos

Wrapped in a flour OR whole wheat tortilla

### Bowls

Pick a burrito and we will put those ingredients in a bowl  
with a sideof gluten free corn tortillas

### Wet Burritos {V} +2

Add Red, Green, Ranchera, or Mole Sauce  
on top of your burrito.

### Chimichangame +5

Turn any burrtio into a chimichanga.

We deep fry it, cover it enchilada sauce, drizzle  
Avocado salsa, queso cotija, and crema

### Chimichanga {V} 17

Beef, chicken, Or tofu scramble

A Deep fried burrito and smothered in Red Sauce  
topped with TJ Guacamole, crema, & queso cotija

### Camaron {V,GF} 15

Sauteed shrimp, bell peppers, onions, spanish rice,  
pico de gallo and cheese

### Pescado {V,GF} 15

Grilled Wild Caught Salmon OR MahiMahi,  
grilled bellpepper, onions, spanish rice, pico,  
crema, and cheese

### Mar y Tierra {V,GF} 15

Grilled shrimp and strips of beef, bellpeppers, onions,  
pico de gallo, spanish rice, and crema.

### California {V,GF} 15

Our most popular. Marinated and grilled carne asada,  
fries, crema, TJ Guacamole, cheese, & pico.

### Tocho Morocho{V,GF} 15

Marinated and grilled carne asada, spanish rice,  
Beans, crema, queso, Tj Guacamole, & Pico

### Chile Relleno 15

An Anaheim pepper stuffed with cheese, crema, & beans

### De Asada {V,GF} 14

Marinated and grilled carne asada or Pollo asado  
tj guacamole, pico, and cheese.

### Crema de Chipotle {V,GF} 14

Marinated and grilled chicken, chipotle Aoli (V),  
Spinach and pico wrapped in a tomato toritlla

### Crema de Cilantro{V, GF} 14

Marinated and grilled chicken, Cilantro Aoli (V),  
Spinach and Pico wrapped in a spinach tortilla.

### Tofu Fajitas {V, GF} 14

Grilled Tofu, rice, fajita veggies, and pico

{Option to Sub Tofu for Steamed Veggies and Black Beans}

### Shiitake Fajitas{V, GF} 14

Marinated and grilled shiitake mushrooms,  
bell peppers, onions, pico, cabbage, whole wheat tortilla

### El Healthy{V, GF} 13

Simple and healthy, black beans Or Lentils, Brown Rice,  
guacamole, & Pico on a whole wheat tortilla  
{add Grilled Tofu, Pollo Asado, or Salmon +3}

### Frijoles{V, GF} 8

Mashed pinto beans, melted Monterey Jack cheese.

Black bean or Lentil Options

{add vegan cheese and crema +2}

{V} CAN BE MADE VEGAN

{GF} CAN BE MADE WITHOUT GLUTEN



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## SIDES

by size of containers

Ranchos Potatos (16oz) 6

Spanish or brown rice (8oz) 4

Refried or black Beans (8oz) 4

Half rice half beans(4oz of Each) 4

Hot carrots (8oz) 5

Guacamole (2oz) 4

Half avo sliced 5

Enchilada Sauce (4oz) 4

Crema or Cheese (2oz) 2

Pico de Gallo (4oz) 3

French Fries 8

Tortillas (2) 2

Chipotle Crema {V} 4oz 4

Cilantro Crema{V} (4oz) 4